

# NIDAS refuge and resettlement support

Ms P came into Thirteen's NIDAS (Newcastle Integrated Domestic Abuse Service) refuge fleeing domestic abuse from her husband and his family.

Ms P had been in an arranged marriage and moved to this country to live with her husband and his family two years before coming to NIDAS.

When Ms P arrived, she spoke very little English, wasn't registered with a GP or dentist, had no independent income and was socially isolated.

Ms P wanted to gain financial independence, broaden her opportunities by learning English, address her health needs with the help of a GP and dentist, and become more involved in social and cultural activities. She was also looking to start divorce proceedings to break ties with her husband.

Workers at NIDAS helped Ms P to apply for benefits and help with budgeting and dealing with money. She applied for financial assistance to begin divorce

proceedings, started English language classes and registered with health services.

We also helped her to get involved with social activities and visit local shops and places of worship.

## Finding a new home

Ms P was supported by the NIDAS resettlement team and is now fully settled in her own home. Although she has gained financial independence, she continues to receive budgeting support from her resettlement worker.

She is going through the divorce with support from her resettlement worker and a legal representative, and now has a good friendship network within Newcastle. Her confidence has increased and she has good support from family members in the area.

